



HEART ATTACK?

CARDIAC ARREST?



**CRUSHING CHEST PAIN
SHORTNESS OF BREATH
SWEATING**

**THE VICTIM STOPS BREATHING
AND CANNOT
RESPOND**



**CAN BE SUDDEN,
BUT ALSO CAN
BUILD OVER
MINUTES TO HOURS.**

**VICTIM BECOMES UNCONSCIOUS
ALMOST IMMEDIATELY**



**IS CAUSED BY A
BLOCK IN THE
CORONARY
ARTERIES,
USUALLY A
BLOOD CLOT**



**CAUSED BY AN
ELECTRICAL
MALFUNCTION
THE HEART
STOPS BEATING
OR QUIVERS LIKE
A JELLY**

**IF NOT ALLERGIC HAVE THE
VICTIM CHEW AN ASPIRIN**

**IF THE PERSON HAS AN
OXYGEN TANK TURN IT ON
AND TURN IT UP.**



**BEGIN CHEST
COMPRESSIONS AS
SOON AS POSSIBLE**



**IF YOU ARE ON YOUR
OWN CONTINUE
UNTIL THE
AMBULANCE
ARRIVES**

**TRY TO KEEP THE PERSON CALM
UNTIL HELP ARRIVES**



**999 CALL HANDLER WILL DIRECT
YOU TO THE NEAREST
AVAILABLE COMMUNITY DEFIB IF
SOMEONE IS WITH YOU TO
COLLECT**