

**THE HEALTH & SAFETY (YOUNG PERSONS) REGULATIONS 1997**

The Midcounties Co-operative aims to make all of its premises safe for all of its colleagues, whatever their age. The Society however does recognise that some activities pose greater risks to young colleagues because of their relative inexperience in work surroundings.

For this reason the Society has decided that persons under 18 years will in no circumstances be involved in the following activities:

- Operating or cleaning dangerous machinery
- Driving or assisting with fork lift trucks or other vehicles requiring special skills
- Working at heights without appropriate training or equipment
- Handling or using hazardous chemicals
- Delivering personal care to or moving and handling vulnerable adults.

**NB- Work experience placements will not be required to work at heights.**

All jobs have some risk attached to them. Within the Society the main risks that you will come across besides those listed above are:

- Those associated with the manual handling of stock.  
Moving pallets, filling shelves etc, will involve a certain amount of carrying, lifting, pushing of loads etc. This can damage muscles and tendons, especially in the back, if not done properly.
- Those associated with slips, trips and falls.  
Walking around the branch, car park or store-room can be dangerous if tidiness is not observed at all times. Extra care is needed in adverse weather, and you should never rush or fail to look where you are going.